



3rd Week for Somatosensory Rehabilitation

7th to 10th March 2011

**3rd WEEK for SOMATOSENSORY REHABILITATION
2011**

Problem

- When the patients that are placed in our care have been suffering too much for too long, when their facial expression remains frozen, how can the hope of a better tomorrow be rejuvenated: a future with less shooting pain, with less burning sensations - simply put - with a decrease of **neuropathic pain**.
- Most patients suffering from chronic pain have cutaneous sense disorders. A decrease in the hypoaesthesia (for example the pressure perception threshold) will, at the same time, cause a decrease of their chronic neuropathic pain (for example the McGill Pain Questionnaire).

Overall Aim

- To rehabilitate the disorders of the cutaneous sense on the basis of the neuroplasticity of the somaesthetic system so as to lessen chronic neuropathic pain.
- To avert the outbreak of painful complications by rehabilitating the cutaneous sense.
- To build bridges between rehabilitation, medicine and the neurosciences.

Specific Objective

- To evaluate disorders of the cutaneous sense: aesthesiography, static 2-point discrimination test, tingling signs and somaesthetic symptoms, pressure perception threshold, etc.
- To evaluate painful complications with the McGill Pain Questionnaire: mechanical allodynia, reflex sympathetic dystrophies, neuralgia, etc.
- To implement planned rehabilitation procedures within the context of chronic pain complications.
- To adapt the knowledge of mainstream neurology for use in rehabilitating neuropathic pain and vice versa.

Teachers

- Claude Spicher, OT, Swiss certified HT, Manager & therapist in the Somatosensory Rehabilitation Centre, Scientific collaborator
<http://www.unifr.ch/neuro/rouiller/collaborators/spicher.php>
- Rebekah Della Casa, OT, therapist in the Somatosensory Rehabilitation Ctr.

Guestspeakers

- Dr Thomas Rutishauser, MD, Orthopaedic and Foot surgery, fellow in Foot Surgery Centre, Schulthess Clinic, Zürich
- Dr Patrick Freund, PhD, Research Associate; UCL, Institute of Neurology, London

<http://www.unifr.ch/neuro/rouiller/teaching/continedu.php>

Info	7 th to 10 th of March 2011
Date	9am – 12am & 1pm – 5 pm
Time Table	28 hours
Duration	Clinique Générale; 6, Hans-Geiler Street ; Friburg
Place	CHF 990.- (Work Documents in English + Handbook + Atlas)
Price	Spicher, C.J. (2006). <i>Handbook for Somatosensory Rehabilitation</i> . Montpellier, Paris: Sauramps Médical.
Reference	Spicher, C.J., Desfoux, N. & Sprumont, P. (May 2010, in press). <i>Atlas des territoires cutanés du corps humain</i> . Montpellier, Paris: Sauramps Médical.

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REGISTRATION FORM

[Deadline: Friday, 25th February 2011](#)

Name:

First (given) name:

Professional occupation:

Address:

e-mail address:

Please fill and return to:

Claude Spicher
Department of Medicine – Physiology
Rue du Musée 5
CH-1700 Fribourg
Switzerland

e-mail : claudio.spicher@unifr.ch

or

Fax: +41 26 350 06 35