



## CMMS online-course

*Presented by Robyn Midgley*  
BSc (Hons) OT, AHT (BAHT), ECHT (EFSHT)  
European Certified & British Accredited  
Hand and Upper Extremity Therapist

**Every hand injured patient is at risk of developing chronic hand stiffness and severe functional loss. Is it time for you to change your management of the stiff hand?**

Robyn Midgley is pioneering the field of hand therapy education and is offering a unique educational experience designed to enhance learning, embed knowledge and promote participatory engagement. Robyn's goal is to teach Hand Therapists how to prevent and treat the stiff hand using the Casting Motion to Mobilize Stiffness Technique (CMMS) and return patients to function in the most time efficient and cost-effective manner.

The CMMS online course is endorsed by Judy Colditz OT/L, CHT, FAOTA and provides hand therapists with the knowledge, science and practical expertise to qualify them to apply the CMMS technique through a dynamic online platform.

The course is in the process of achieving global accreditation.

**Course Fee:** USD \$1950

A once-off special rate for South African Therapists has been approved:

**Non- SASHT members:** R12 500.00

**SASHT members:** R10 000

Payment must be made before the 20th of July 2019.

### **The CMMS course includes:**

- A post graduate qualification in the CMMS technique.
- Theoretical and practical knowledge on how to manage the stiff hand.
- 40 instructional lessons in order to gain a sound clinical understanding of the stiff hand.
- 5 instructional videos demonstrating how to apply the different cast designs to a particular patient.
- Questionnaires, discussions, Q & A's and a qualifying practical examination which are all completed on the online platform.
- Option to replay instructional videos and lessons
- A comprehensive manual of all lessons learnt highlighting key concepts

### **You will also receive:**

- 24-hour access to the online platform across devices negating the need for travel and accommodation expenses.
- Access to a private global community with a special interest in the stiff hand
- Access to free coaching webinars and ongoing education.

### **You will benefit by having the opportunity to grow your practice by:**

- Increasing the time that you have available to treat more patients.
- Increased revenue as you will be able to offer this specialist skill to patients.
- The opportunity to grow your reputation.

- The skills you need to ensure that you can return your patient to function and work 70% faster than through traditional therapy.
- An opportunity to contribute to the body of literature through publication of your case studies.

**Course Dates:**

The course will begin on the **20th July 2019** and you will have **3 months** to complete the course. Within this time an optional practical session will be arranged and run by SASHT at an additional charge. The date is to be determined.

The practical session will assist you to cast a patient as part of your final evaluation which will qualify you to use the CMMS technique.

This video <https://robynmidgley.kartra.com/page/cmms-online-introduction> provides some inspiration as to why the CMMS online course is so unique.

Click here to download the course brochure and syllabus: <https://www.robynmidgley.com/cmms-brochure-syllabus>

**Kindly note:** Therapists must not apply the CMMS technique to a patient without first qualifying to do so. For more information and booking please contact.

Do not miss out on this once-off exceptional offer at an affordable price.

Robyn Midgley British and European Accredited Hand Therapist

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**A Special Note from Judy:**

*Understanding and then integrating the Casting Motion to Mobilize Stiffness (CMMS) technique into your clinical practice will challenge you! Using CMMS effectively and appropriately requires a substantial paradigm shift as immobilizing any part of the stiff hand seems both counterintuitive and contraindicated. This course demands you integrate multiple biomechanical, cortical, and physiological principles, not all of which are part of traditional hand therapy training.*

*Complete this course, use the CMMS treatment technique with your most challenging patient, and you will be rewarded for years to come. You will apply many of the principles learned in this course to your other stiff hand patients, offering more effective treatment.*

*In this comprehensive certifying course, Robyn Midgley provides the information you need to shift your thinking and the experiential learning that allows you to develop explicit treatment skills to accurately apply the technique. Once you gain insight from this valuable course, you will want to pass it on to other patients and therapists so we can all bring hands back to functional use in a shorter time.*

*Happy learning!*

*Judy*

By Judy C. Colditz, OT/R, CHT, FAOTA, Developer of the CMMS Technique