



Introduction to the Current Assessment and Treatment Protocols used in the Management of Scapholunate Ligament (SLL) and Triangular Fibrocartilage Complex (TFCC) Wrist Conditions

30 years
1988 ~ 2018

Presented by: SASHT – Western Cape

This workshop is the first workshop of our three-part series. The aim of the series is to enhance knowledge on current assessment and treatment modalities of specific diagnoses. Workshop two of the series will be specific to the thumb and workshop three, specific to peripheral nerve injuries.

Workshop Date: Friday, 01 June 2018

Register By: Friday, 18 May 2018 (Last registration @ 12h00)

Speaker: Lucy Skillicorn and Vedanette Potgieter

Cost: SASHT members R 700
Non-SASHT members R 800
These costs include tea, lunch and notes.

Venue: Child Safe at Red Cross War Memorial Hospital
Klipfontein Road
Rondebosch

Attendance space: 30 spaces available

Enquiries: The Conference Company

E-mail: sashtadmin@confco.co.za

No late registrations (i.e. after 18 May 2018) will be accepted.

No payments will be allowed on the day of the course

CPD Points have been applied for

Refreshments are included

- **Places are limited to 30 participants only**
- Please confirm your place prior to making payment.
- Please email your completed registration form and then proof of payment to sashtadmin@confco.co.za to secure your place.
- **Please note: A cancellation fee of 50% will be charged in the event of cancellation by the 18th May 2018. No refunds can be made for cancellations after this date.**



Introduction to the current assessment and treatment protocols used in the management of wrist conditions

PROVISIONAL PROGRAMME

30 years
1988 ~ 2018

Friday, 01 June 2018
Lucy Skillicorn and Vedanette Potgieter

07:30 - 07:45	Registration
07h45 - 08:30	Aetiology, burden of diagnosis', comprehensive care for and resources in South Africa to meet the need
08h30 – 09h30	An Occupation-centered approach to diagnostic rehabilitation
09:30 - 10:00	Review of Anatomy
10:00 – 10:30	TEA
10:30 - 12:30	<u>Assessment</u> of clients with diagnosis and outcome measures
12:30 - 13:00	LUNCH
13:00 - 13:30	Trauma, adaptation and return to work after diagnosis
13:30 - 15:15	Evidence-based <u>treatment modalities</u> including splinting, home programmes, activity as a means/end, proprioceptive re-training and strengthening
15:15 - 15:30	Consolidation and conclude
15:30 – 16:00	Closure and workshop evaluation