

The South African Society of Hand Therapists (SASHT) in association with Clinical Solutions would like to invite you to:

## Rehabilitation of the Upper Limb using the Multimodal Treatment Approach (including Articular, Muscular and Neural Mobilisation)

with  
**Arie Michaeli MSc PT MCMT**  
Clinical Physiotherapist and Lecturer



**This is a practical workshop, limited to 20 participants.  
Please book early to avoid disappointment!**

### About this course:

This workshop will cover dynamic, passive mobilization techniques and exercises for stiff and painful shoulder, elbow and wrist joints. It will utilize the effective multimodal approach for the management of neuromusculoskeletal conditions. It will increase your clinical skills in the treatment of upper limb pathologies. This workshop will include both theory, practical sessions and clinical demonstrations by the course presenter as well as online courses to be completed prior to the workshop.

### Course Details:

Presenter:	Arie Michaeli MSc PT MCMT Clinical Physiotherapist and Lecturer
When:	Saturday 07 July 2018
Time:	08h00 - 16h30
Cost:	SASHT Members R1 400; Non SASHT Members R1 700 (Limited to 20 spaces)
Ceu's:	17 (including 3 Ethics)!!!
Venue:	JHB - Camelot International, 7 – 7 <sup>th</sup> Street, Houghton

### About Arie Michaeli MSc PT MCMT

Arie is one of South Africa's leading physiotherapists specialising in musculoskeletal disorders. He is in private practice in Johannesburg where he runs the Physio Joint Clinic. He also lectures to qualified physiotherapists and other health care providers about the treatment of joint conditions.

His article entitled "Dynamic Oscillatory Stretching Efficacy on Hamstring Extensibility and Stretch Tolerance: A Randomized Controlled Trial" was published in The International Journal of Sports Physical Therapy in June 2017



## Application for Rehabilitation of the Upper Limb

Please [click here](#) to register online for this workshop

If you have any other queries with regards to registration, please email (SASHT Administrator Louise Robinson) [louise@confco.co.za](mailto:louise@confco.co.za) or 031 3039852